





INGREDIENTS
2 stalks lemongrass
1 large piece of Chinese ginger, peeled and chopped
10 to 12 Kaffir lime leaves
2 cloves garlic
2 whole cardamom pods
6 cups low-sodium chicken broth
1 pound free-range, organic, boneless chicken breast cut into 1-inch pieces
1 cup chopped shiitake mushrooms
1 13.5oz. can organic unsweetened coconut milk
3 tbsp. fish sauce
Chili oil and cilantro leaves for garnish
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Thai Coconut Chicken Soup

Step 1

Makes Approximately 6-8 Servings

Directions

Remove the base of the lemongrass stalks with a sharp

	knife, and discard the tough outer layer. Chop the lemongrass stalks into 2-inch pieces, and toss them into a blender with the chopped ginger, Kaffir lime leaves, and garlic cloves
Step 2	Pulse the blender a few times until most of the ingredients form a pulp.
Step 3	Add the blended ingredients and the cardamom pods to a large stock pan, and cook over medium-high heat for 1 to 2 minutes until fragrant
Step 4	Add the chicken broth, and bring to a boil. Reduce heat to low, and simmer for 20 to 30 minutes to allow the flavors to infuse.
Step 5	Strain broth through a fine sieve into a large clean pan. Add the chicken and mushrooms to the broth, and simmer for 20 to 25 minutes until the chicken is cooked through
Step 6	Remove from the heat. Stir in the coconut milk and fish sauce.
Step 7	Garnish with the chili oil and fresh cilantro leaves.